

Drive-thru Pick-up Lunches at the Senior Center

Seniors age 60+

Monday through Friday, except holidays

11:30 a.m. until 1:00 p.m.

Simi Valley Senior Center, 3900 Avandia Simi

Suggested donation for seniors 60+ is \$3.00 per meal.

All participants in the meal program are required to complete an application.

Applications are available by going to

www.simivalley.org/mealprograms to download the form.



October 2020



Monday	Tuesday	Wednesday	Thursday	Friday
Rendezvous Cafe - (805) 583-6046 Meals On Wheels - (805) 583-6042			1 Stuffed Cabbage Rolls	2 Chef's Choice
5 Frittata Squares	6 Spaghetti da Gregorio	7 Meat Lasagna	8 Hearty Beef Stew	9 Chef's Choice
12 Salmon	13 Chicken Wrap	14 Macaroni & Cheese	15 Egg Salad Sandwich	16 Chef's Choice
19 Hamburger	20 Tilapia Herb	21 Beef Pepper Steak	22 Chicken Flauta	23 Chef's Choice
26 Alaskan Pollock	27 Sloppy Sliders	28 Beef Tips with Portobello Mushrooms	29 Turkey Sandwich	30 Chef's Choice

The above menu is subject to change without notice

All meals are served with whole grain bread, butter, fruit, yogurt, and 8 oz. milk.