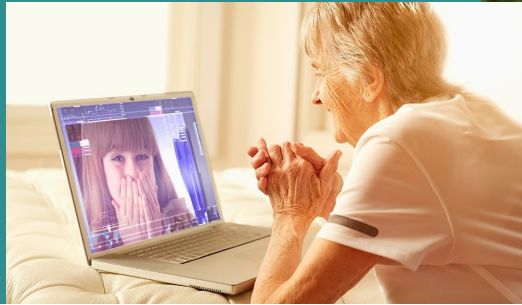


Supporting Our Seniors...

We Are Here for YOU!







Senior Concerns
Serving Seniors & Their Family Caregivers



While everyone is being asked to Stay-At-Home during this time, it is even more important for seniors in our community to shelter in place for their own health and safety.

We want you to know that Senior Concerns provides valuable services to help make your stay-at-home experience easier.

WE ARE HERE TO HELP! *Please call us for:*

-  Weekly grocery shopping, or as needed prescription pickup, by an appointed volunteer, who will deliver your items to you with “no contact” delivery. You reimburse for the cost of items, with no additional fees.
-  Freshly prepared meals delivered to your home through our Meals On Wheels Program.
-  Periodic supplemental food, toiletries, paper goods, water, etc. from our pantry - provided and delivered at no cost.
-  A weekly phone visit from a volunteer to offer communication with the outside world.
-  A phone appointment with our Licensed Social Worker to discuss issues or concerns.
-  A phone appointment with our Care Manager, to discuss caregiving issues or concerns while caring for an older adult.

All services—excluding Meals On Wheels are provided *free of charge*.
Meals On Wheels scholarships are available.

Senior Concerns’ service area includes Simi Valley, Moorpark, Thousand Oaks, Newbury Park, Westlake Village, Oak Park and Agoura

Please note: Senior Concerns’ Meals On Wheels service area is limited. If you are not located in our service area, we will connect you with the Meals On Wheels provider in your city.

**Senior Concerns (805) 497-0189, M-F, 9am to 4pm or email info@seniorconcerns.org
Meals On Wheels (805) 496-2009 or email mow@seniorconcerns.org**