

Entertainment

- * **Mondays: Pianist Norma Hickox**
- * **Tuesdays: Live pop, standards, country and folk music by Reflections**
- * **Tuesday, January 10, Birthday Celebration, music by Reflections**
- * **Wednesday, January 11, Live music by the band Vintage People**
- * **Wednesday, January 18, Live music by Old Country Grass Band, Wayne & Kathy**
- * **Wednesday, January 25, Live music by Jerry Weisbecker**
- * **Thursdays, Belles & Beaus Choir 10:30 a.m.**
- * **Fridays, January 6, 20, Medley Favorites music by Don Newcomer**
- * **Fridays, January 13, 27, Sing-a-long, music by Coop's Deja Vu**

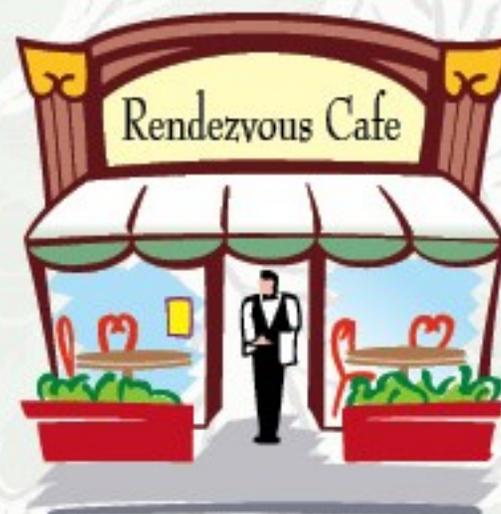
All entertainment is from 11:00 to 11:55 a.m. unless otherwise noted.

The Simi Valley Senior Nutrition Program is partially supported by Older Americans Act funds granted by the Ventura County Area Agency on Aging.



CITY OF SIMI VALLEY

Dining Delights



January 2017

Simi Valley Senior Center

January 2017

Enjoy a meal at the Senior Center.

The check-in desk is open from 9:30 a.m. to 11:15 a.m. and meal tickets are available on a first-come, first-served basis.

The suggested donation amount for all seniors 60 years of age and older is \$3.00 per meal. Those under 60 are required to pay \$6.75 per meal.

All meals are served with whole grain bread, butter, fruit, mixed greens salad and 8 oz. low-fat or non-fat milk. On Monday, Wednesday and Friday, an additional serving of yogurt or cheese stick is provided. The menu is subject to change without notice.

All participants in the meal program are required to complete an application. Applications are available at the Senior Center, or go to www.simivalley.org/SeniorCenter to download the form.

Daily check-in requested by 11:15 a.m.
Meal Site Hours: 10:30 a.m. - 1:00 p.m.
Meals are available from 11:30 a.m. - 12:30 p.m.

Rendezvous Cafe Information - (805) 583-6363
Meals On Wheels - (805) 583-6042
Senior Share - (805) 583-6363

Simi Valley Senior Center
3900 Avenida Simi, Simi Valley, CA 93063

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Closed	Country Vegetable Soup	Hearty Beef Stew & Salad Bar	Five Cheese Lasagna & Salad Bar	Turkey Sandwiches
9	10	11	12	13
Grilled Chicken Breast	Salisbury Steak with Mushroom Sauce	Mac & Cheese	Stuffed Green Peppers	Beef Tips
16	17	18	19	20
Closed	Chicken Teriyaki	Beef Pepper Steak	Tomato Basil Soup	Tuna Sandwiches
23	24	25	26	27
Meat Lasagna	Stuffed Cheese Shells	Chicken Broccoli Alfredo	Beef Pepper Steak	Stuffed Cabbage Rolls
30	31			
Hamburger Patty	Egg Patties			

Menu is subject to change without notice.