



# Entertainment



- \* **Mondays:** Pianist Norma Hickox
- \* **Tuesdays:** Live Pop, Standards, Country and Folk music by Reflections
- \* **Tuesday: February 14, Birthday Celebration, Live music by Reflections**
- \* **Wednesday: February 1, Live music by Teresa Russell, Guitarist**
- \* **Wednesday: February 8, Live music by the band Vintage People**
- \* **Wednesday: February 15, Live music by Sal Fasulo, Vocalist**
- \* **Wednesday: February 22, Live music by Phil Mercurio, Electric Blues Guitarist**
- \* **Thursdays:** Taped music
- \* **Thursdays: February 9, 16, 23, Live music by Bob Harris, 10:00-10:30 a.m., Belles & Beaus Choir 10:30-11:30 a.m.**
- \* **Fridays: February 3, 17, Medley Favorites music by Don Newcomer**
- \* **Friday: February 10, Old Country Grass Band**
- \* **Fridays: February 24, Sing-a-long, music by Coop's Deja Vu**

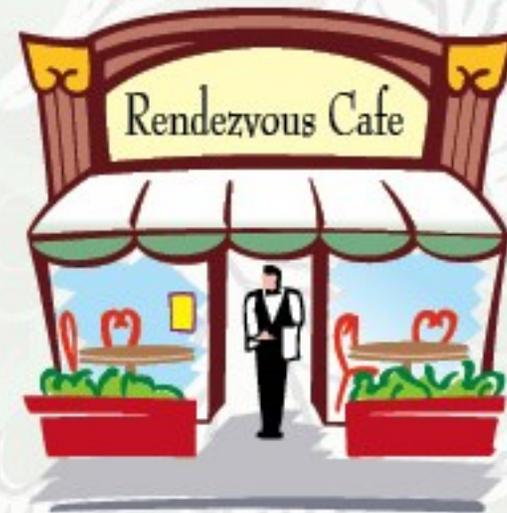
All entertainment is from 11:00 to 11:55 a.m. unless otherwise noted.

The Simi Valley Senior Nutrition Program is partially supported by Older Americans Act funds granted by the Ventura County Area Agency on Aging.



CITY OF SIMI VALLEY

# Dining Delights



February 2017

Simi Valley  
Senior Center

# February 2017

## Enjoy a meal at the Senior Center.

The check-in desk is open from 9:30 a.m. to 11:15 a.m. and meal tickets are available on a first-come, first-served basis.

The suggested donation amount for all seniors 60 years of age and older is \$3.00 per meal. Those under 60 are required to pay \$6.75 per meal.

All meals are served with whole grain bread, butter, fruit, mixed greens salad and 8 oz. low-fat or non-fat milk. On Mondays, Wednesdays and Fridays, yogurt is provided with each meal. On Tuesdays and Thursdays, a cheese stick is provided with each meal. The menu is subject to change without notice.

All participants in the meal program are required to complete an application. Applications are available at the Senior Center, or go to [www.simivalley.org/SeniorCenter](http://www.simivalley.org/SeniorCenter) to download the form.

Daily check-in requested by 11:15 a.m.  
Meal Site Hours: 10:30 a.m. - 1:00 p.m.  
Meals are available from 11:30 a.m. - 12:30 p.m.

Rendezvous Cafe Information - (805) 583-6363  
Meals On Wheels - (805) 583-6042  
Senior Share - (805) 583-6363

Simi Valley Senior Center  
3900 Avenida Simi, Simi Valley, CA 93063

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Vegetable Chili	Glazed Chicken	Stuffed Green Peppers
6	7	8	9	10
Salisbury Steak with Mushroom Sauce	Spaghetti Da Gregorio	Cook's Choice	Macaroni and Cheese	Sweet and Sour Chicken
13	14	15	16	17
Turkey Marsala	Stuffed Cabbage Rolls	Grilled Chicken Breast	Hamburger Patty	Hearty Beef Stew
20	21	22	23	24
<b>Closed</b>	Tuna Sandwiches	Beef Pepper Steak	Scrambled Egg Patty	Chicken Broccoli Alfredo
27	28			
Macaroni and Cheese	Turkey Marsala			

Menu is subject to change without notice.