

**2017
Senior Excursions**



OUE Skyspace and
Griffith Observatory
January 12, 2017

Chumash Casino
Solvang, CA
January 24, 2017

Pechanga Casino
Temecula, CA
February 7, 2017

Aquarium of the Pacific
Long Beach, CA
March 8, 2017

America's Music Cities
April 21 - 28, 2017

Rose Bowl Tour with
Descanso Gardens
May 11, 2017

Mount Rushmore
May 20 - 28, 2017

Yosemite
June 20 - 22, 2017

Coast Starlight & Hawaii Cruise
September 20 - October 2, 2017

Islands of New England
October 3 - 10, 2017



Serving the Seniors of
Simi Valley

Simi Valley Senior Center

News Bytes

Friday, January 6, 2017



Simi Valley
Senior Center

News Bytes are sent out weekly, except for the week the Newsletter is sent.

For additional information on the programs and activities available at the Senior Center please go to our website at www.SimiValley.org/SeniorCenter.

The Simi Valley Senior Center is located at 3900 Avenida Simi
Simi Valley, CA 93063 (805) 583-6363.

Resolve to Get the Support You Need in 2017



A.B.C
After Breast Cancer
Support Group

**First Thursday
of each month
7:00 - 9:00 p.m.**

Don't try to go it alone. If you have cancer or are a cancer survivor, the Senior Center offers two groups to provide you with a safe place to receive emotional support from others who know first hand what you are experiencing. No reservation is necessary, and the groups meet monthly.

Share your struggles and triumphs with others who understand.



*Prostate Cancer
Support Group*

**Third Tuesday
of each month
7:00 - 9:00 p.m.**